allrecipes

Brenda's Pepperoni Chicken Rollups

★★★★☆

I looked for a chicken pepperoni recipe for years, and when I finally found one I didn't really much care for it - so I made up my own. It got rave reviews from my hubby and kids! Serve over your favorite pasta.

By Brenda Espinoza

Prep: 15 mins

Cook: 30 mins

Total: 45 mins

Servings: 4

Yield: 4 servings

Ingredients

4 skinless, boneless chicken breasts

20 slices pepperoni sausage

8 ounces pepperoni sausage, chopped

4 slices mozzarella cheese

1 (28 ounce) jar spaghetti sauce

1 pinch garlic powder

salt and pepper to taste

1 teaspoon Italian-style seasoning

Directions

Step 1
Preheat oven to 350 degrees F (175 degrees C).

Step 2
Pound chicken breasts flat with a meat mallet. Season to taste with garlic powder, salt, pepper and Italian style seasoning.

Step 3
Place 4 to 5 slices pepperoni on each breast and top each with a slice of cheese. Roll up breasts and fasten with toothpicks.

Step 4
Fry the pepperoni in a medium skillet until it has released most of its oil. Remove pepperoni from skillet and set aside. Brown chicken rolls in pepperoni oil about 5 to 10 minutes each side. Place chicken in a baking dish. Combine spaghetti sauce and sliced pepperoni and pour over chicken.

Step 5
Bake in the preheated oven for 30 to 40 minutes.

Nutrition Facts

Per Serving: 700 calories; protein 49.8g; carbohydrates 28.2g; fat 41.6g; cholesterol 158.3mg; sodium 2126.5mg.

allrecipes