

Roommate's Beef Curry Recipe

1 Small onion - chop finely & sauté
add water and:

1 lb. Chopped beef.

~~1/2~~ 1/2 teaspoon garlic

~~1/2~~ 1/2 " ginger

~~1/2~~ 1/2 " coriander

Pinch of salt

2 pinches of red pepper (oh boy!)

plenty of mushrooms (fresh & cut)

parsley. (pinch) sprinkle over top.

Cook at med for