

# Mom's Seafood Casserole

## Ingredients

- Butter
- Flour
- Milk
- Velveeta cheese - 450 g - Atlantic Superstore has this
- cooked scallops, lobster, shrimp



## Directions

- Make white sauce
- Add Velveeta Cheese
- Stir
- Add cooked seafood
- Cook for 1 hour at 350F