

*** Meal Ideas

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Breakfast

- Egg Sandwiches
- BLT or BT
- Fish Toast
- Pancakes
- French Toast
- Waffles

Lunch

Dinner

Mexican

- Chicken Nachos
- Beef Tacos
- Pork Tacos -Carnitas
- Fish Tacos
- Mexican Chicken
- Enchiladas
- Chicken/Beef Fajitas
- Chimichangas

Italian

- 3 Cheese Tortellini and Pesto
- Spaghetti and meatballs
- Chicken Alfredo
- Pizza
- Homemade Pizza
- Lasagna
- Calzones
- Spaghetti with Meat Sauce

American

- Burgers
- Chicken Wings
- Shake and Bake Chicken
- Fish and Chips
- Chicken Fingers with Honey Mustard Sauce
- Breakfast
- Chilli
- Sausages
- Grill Cheese and Soup
- Steak Wraps
- Ham and Scalloped Potatoes
- Steak and Fries with fried onions
- Donairs

Asian

- Asian Chicken and Rice
- Teriyaki Chicken

- Pad Thai

European

- Steak and Perogies
- Beef Stroganoff
- Steak/Mash Potatoes/Gravy/Yorkshire Puddings
- Butter Chicken with Nann Bread and Peas
- Chicken Curry
- Chicken/Pork Slouvlaki
- Schnitzel

Sides

- Sweet Potatoes
- Perogies
- Fries
- Rice
- Mashed Potatoes